

Table of Contents

Table of Contents	1
Purpose of This Guide	3
Administration and Policy	4
Bard's commitment to addressing discrimination and related policies	4
Notice of Nondiscrimination	4
Gender Based Misconduct Policy	4
Policy Against Discrimination and Harassment	5
Reporting - Assistance and Options	7
Confidential Resources	7
Bard Campus	7
Off-Campus Hotlines	7
Campus Advocate	7
Reporting to Bard College	8
Making Reports of Discrimination	8
Criminal Reporting	9
Name Change Form	10
Registrar	10
Legal Name Change	11
International Student Name Changes	12
Gender Marker Change	12
Notary Services	13
Navigating Campus	14
Point People	14
Health Services	17
Counseling Services	17
C.A.T.S	18
Restrooms	18
Athletics	19
Athletics Programming	19
Residence Life and Housing	19
Gender Inclusive Housing	20
Residence Hall Restrooms	20
Clubs	21
Local off Campus Resources	22
Medical Resources in the Hudson Valley	22
Planned Parenthood (locations in Kingston, Poughkeepsie, and Hudson)	22
Gender Wellness Services at the Kingston Family Health Center	22
Community Life in the Hudson Valley	23

Beckhood Pride	23
The Hudson Valley LGBTQ Center	23
Trans Closet of the Hudson Valley	24
@Queer Kingston	24
Big Gay Hudson Valley	24
@transjoyrevolution	25
@hv.queer.connection	25
@queerconspiracy	25
Local Queer and/or Trans Owned Owned Businesses	26
Thrift 2 Fight	26
The Everywhere Shop	26
National Off-Campus Resources	27
Hotlines	27

Purpose of This Guide

This Guide is made specifically for trans-spectrum and nonbinary undergraduate and graduate students at Bard College. It is also meant to be used by all members of the Bard community as a resource and a way of informing allies. The goal is to provide accurate and concise knowledge of how to manage life as a trans spectrum student at Bard. If you are unsure what it means to be transgender, on the trans spectrum, or confused about certain terminology, feel free to search independently or browse the following resources for general information.

For the purposes of this Guide, the term "trans" is used as an umbrella term for people whose gender identity and/or expression differs from the sex assigned to them at birth. This includes, but is not limited to, individuals who identify as transgender, non-binary, genderqueer, gender nonconforming, LGBTQ+, gender fluid, and questioning.

Bard College is committed to providing a safe and inclusive campus for trans students, faculty, staff, and visitors. The Bard College Trans Resource Guide provides information about resources available at the College, as well as in our community.

This Guide includes information regarding housing, name changes, location of gender-inclusive restrooms, and individuals on campus who can provide assistance with day-to-day college life. The goal of this Guide is to improve inclusiveness and accessibility for trans students, faculty, staff, and visitors to Bard College. This Guide will be updated as policies, practices, and facilities change.

- <u>Trans Terminology</u> (Foster ED)
- Frequently Asked Questions About Transgender People (NCTE)
- Supporting the Trans People in Your Life: A Guide to Being a Good Ally (NCTE)
- Tips for Allies of Transgender People (GLAAD)

This guide was originally created by Beckett Lansbury '16, '19, and has since been expanded upon by Sarina Schwartz '23 and Ellen Herlihy '25, student employees of the Office of Title IX and Nondiscrimination. If you have any recommendations or suggestions as to what information to include in this Guide, please email nondiscrimination@bard.edu.

Administration and Policy

Bard's commitment to addressing discrimination and related policies

Bard College is committed to providing a learning and working environment that is free from discrimination and harassment – an environment where all feel included and welcome. If anyone feels like they are being discriminated against on the basis of gender or sex you are strongly encouraged to report these concerns to the Office of Title IX and Nondiscrimination using the reporting forms found at this link: Reporting (bard.edu). Additional information regarding the College's policies is below. Please reach out to <u>TitleIX@bard.edu</u> with any questions.

Notice of Nondiscrimination

Bard College is committed to ensuring equal access to its educational programs and equal employment without regard to an individual's sex, gender, race, color, national origin, religion, age, disability, gender identity, sexual orientation, predisposing genetic characteristics, marital status, veteran status, domestic violence victim status, ex-offender status, or any characteristics protected by federal, state, or local law. Students, employees, applicants, and other members of the Bard College community (including but not limited to, vendors, visitors, and guests) shall not be subject to discrimination or harassment prohibited by law or otherwise treated adversely based upon a protected characteristic. Similarly, the College will not tolerate harassing, violent, intimidating, or discriminatory conduct by its students, employees, or any other member of, or visitor to, the College community. This includes, without limitation, sexual harassment, sexual assault, sexual violence, dating violence, and domestic violence.

Gender Based Misconduct Policy

The information provided here is an overview. For additional information, please see Bard's full Gender-Based Misconduct Policy, which can be found online here.

Bard College is committed to providing learning and working environments in which all individuals are safe and free to develop intellectually, professionally, and socially. To that end, the College prohibits the following gender-based misconduct:

- Gender-Based Discrimination
- Sexual Harassment
- Gender-Based Harassment
- Intimate Partner Violence (inclusive of dating violence and domestic violence)
- Retaliation
- Stalking

- Sexual Assault
- Sexual Exploitation

This Policy prohibits gender-based discrimination and gender-based harassment and provides protections to transgender, non-binary, and gender non-conforming individuals. It prohibits discrimination/harassment based on gender identity and harassment based on gender identity, gender expression, and gender stereotyping.

The College provides services and support for individuals who have been impacted by gender-based misconduct, as well as accessible, prompt, thorough, and impartial methods of investigation and resolution of incidents of gender-based misconduct. The College will respond to all alleged incidents of gender-based misconduct involving students, faculty, staff, or any other member of the Bard community, reported to have occurred:

- On campus;
- Off campus involving members of the Bard community;
- Through social media or in other online interactions involving members of the Bard community; and
- During official Bard programs, regardless of location.

Following a report of gender-based misconduct, the Title IX Coordinator can assist with providing supportive measures and accommodations, such as changes in campus housing, changes to academic or work schedules, academic support and assistance, access to counseling and support services, work accommodations, no-contact orders, as well as other services and supports.

Policy Against Discrimination and Harassment

The information provided here is an overview. For additional information, please see Bard's full Policy Against Discrimination and Harassment, which can be found online here.

Bard College is committed to providing a learning and working environment free from discrimination and harassment. The College is an equal opportunity employer committed to treating all individuals equitably, with respect and dignity. The College prohibits harassment and discrimination in admission, employment, and administration of its programs and activities, on the basis of sex, gender, race (including traits historically associated with race), color, national origin or citizenship, religion, age, disability (including pregnancy-related conditions), gender identity or expression, transgender status, sexual orientation, predisposing genetic characteristics or carrier status, marital or familial status, veteran status, military status, domestic violence

victim status, known association or relationship with someone in a protected classification, or any other characteristic protected by federal, state, or local law.

The College will not tolerate any kind of unlawful discrimination or harassment against students, faculty, staff, applicants for employment or admission, visitors, or any other individual providing services to the College. The College is committed to handling complaints of discrimination and harassment in a prompt, equitable, and transparent manner. Violations of this Policy are considered misconduct. Retaliation for reporting or opposing discrimination or harassment, and for participating in or otherwise cooperating with an investigation into alleged violations of this Policy is prohibited.

This Policy applies to the entire College community and visitors for conduct that:

- Occurs on College premises;
- Occurs in the course of any College-sponsored program or activity, regardless of location (e.g., Bard-sponsored study abroad, research, or internship programs). "Program or activity" also includes computer and internet networks, digital platforms, and computer hardware or software owned, operated by, or used in the operations of the College; or
- Occurs off campus but has continuing adverse effects and/or causes substantial disruption on College premises or in any Bard program or activity.

Reporting - Assistance and Options

Reporting discrimination and harassment (including gender based misconduct) can be a stressful process.

The Office of Title IX and Non Discrimination understands this and is available to help navigate students through the process and give more details about what options are available. Students are welcome to speak with either the Title IX Coordinator or Deputy Title IX Coordinator to ask questions and gather information before making a decision on how to proceed and BEFORE any formal complaint is officially filed. Questions about whether to proceed with a formal complaint process or any informal one will be answered and information will be shared regarding support (including on and off campus resources) and potential accommodations.

Confidential Resources

Confidential resources are not obligated to relay reports of gender-based misconduct to the Bard College Title IX Coordinator. Information provided to the resources listed below will not be disclosed without stated permission, except in extreme circumstances, such as a health or safety emergency.

Bard Campus

Counseling and Health Services	845-758-7433
Chaplaincy	845-758-7335
Employee Assistance Program	800-272-7255
BRAVE 24/7 (ask for BRAVE)	845-758-7777

Off-Campus Hotlines

Family Services Rape Crisis Center (Dutchess County)	845-452-7272
Family Services Domestic Violence (Dutchess County)	845-485-5550
LGBTQ Anti-Violence	212-714-1141
RAINN	800-656-4673

Campus Advocate

Tam Cacchione (they/them), Mass LCSW

Tam has weekly office hours at Sottery on Tuesdays from 12-2pm for the Spring of 2024.

The Campus Advocate is a confidential resource and is available to provide information, emotional support, and accompaniment for students and staff who have experienced any kind of gender or sex based discrimination or harassment. Tam works for the Family Services Center for Victim Safety and Support in Poughkeepsie and provides confidential services and information to anyone seeking assistance related to gender-based misconduct. Tam is available to speak and answer any questions you might have about domestic violence and sexual assault prevention,

counseling and supportive services, and police reporting and the criminal justice system. If you would like to know more or have any questions, please call 845-758-7542, email nondiscrimination@bard.edu, or visit the Center for Victim Safety and Support website (scan the QR code to access). You can also reach Tam directly at tcacchione@familyservicesny.org.

Family Services Center for Victim Safety and Support (CVSS)
29 North Hamilton Street. Poughkeepsie, NY 12601
Office: 845-452-1110 x3411
Fax: 845-452-7298



Reporting to Bard College

Any member of the community who wishes to file a report of gender-based misconduct can contact the Title IX Coordinator, who will provide information regarding the College's investigation, process, policies, resources, accommodations, institutional rights, reporting to law enforcement, and orders of protection through the court system. Information shared with the Title IX Coordinator will be relayed only as necessary to seek a resolution.

The Title IX Coordinator, Lauren Gretina, J.D., may be reached: by phone (845-758-7542), by email (<u>titleix@bard.edu</u>), or in person at Sottery Hall 107.

Reports involving employment, staff or faculty may also be made to Human Resources by phone (845-758-7428) or email (<u>hr@bard.edu</u>).

Misconduct Reporting Line: In addition to the above resources, all individuals have the option of contacting the Misconduct Reporting Line at 888-323-4198. This line is administered by an external entity on behalf of the College. Complaints involving potential conflicts of interest can be reported here and may be handled externally. Any alleged policy violations will be referred for investigation in accordance with the procedures set forth in this Policy.

Making Reports of Discrimination

Individuals reporting a possible violation of this Policy should report as described below while keeping in mind that each individual is free to make a report to any of the offices listed. Flow charts regarding what complaint the process entails can be found here: Reporting (bard.edu).

Students can report to: (i) the Dean of Student Affairs Office; (ii) the Office of the Dean of Inclusive Excellence; (iii) the Office of the Dean of the College; (iv) the Civil Rights Coordinator; or (v) the Deputy Civil Rights Coordinator.

Faculty can report to: (i) the Office of the Dean of the College; (ii) the Human Resources Office; (iii) the Civil Rights Coordinator; and (iv) the Deputy Civil Rights Coordinator.

Staff can report to: (i) the Human Resources Office; (ii) the Office of the Dean of Inclusive Excellence; (iii) the Vice President for Administration; (iv) the Civil Rights Coordinator; and (v) the Deputy Civil Rights Coordinator.

- Lauren Gretina, J.D. Title IX Coordinator, Sottery Hall 107, 845-758-7542, titleix@bard.edu
- Jacob Testa, J.D. <u>Deputy Title IX Coordinator</u>, Sottery Hall 107, <u>titleix@bard.edu</u>
- Kimberly Alexander, <u>Director of Human Resources</u>, Ludlow, 845-758-7516, <u>kalexand@bard.edu</u>
- Hannah Zipple, Dean of Students, Sottery Hall 105, 845-758-7292, hzipple@bard.edu
- Deirdre d'Albertis, <u>Dean of the College</u>, Ludlow 202, 845-758-7421, <u>dalberti@bard.edu</u>
- Claudette Aldebot, <u>Dean of Inclusive Excellence</u>, Kappa House, 845-758-7367, <u>caldebot@bard.edu</u>
- Kimberly Alexander, <u>Director of Human Resources</u>, Ludlow, 845-758-7516, <u>kalexand@bard.edu</u>

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Criminal Reporting

Individuals have the right to decide whether to file or decline to file a report with the New York State Police or the local law enforcement agency where the misconduct occurred. Individuals may participate in a criminal process, College process, both, or neither. The Title IX Coordinator and other campus authorities are available to assist individuals in reporting to law enforcement. To file a criminal report, individuals may contact the following, and/or any other appropriate law enforcement agency.

NYS Police	845-876-4194
Red Hook Police Department	845-758-0060
NYS Police Campus Sexual Assault Victims Unit	844-845-7269

Outside of the College, inquiries or complaints regarding any form of discrimination or harassment may also be directed to:

Department of Education Office for Civil Rights (New York Office) 646-428-3800, ocr.newyork@edu.gov

Name Change Form

If your name is different from the name currently used in your legal documents, you have the option to input a Preferred First Name into the Bard system. To change your name within the College's system, you must fill out a google form accessible through the QR code or this <u>link</u>.



What requesting a name change through the online form will do: Your Chosen/Preferred name will be listed on class and residence hall rosters and at the post office. If you choose the options below, it will also change on your Student ID and email.

What requesting a name change through the online form will not do: This process does not constitute a legal name change. A student's legal first name must appear on legal documents, including financial aid and employment records, bursar bills, transcripts, and other legal documents.

Registrar

The Registrar's Office accommodates both legal name changes and chosen name changes. If you have legally changed your name, please see Peter Gadsby in the Registrar's Office. To request a name change within the College's system (a "chosen name change"), please use the online form located in the Name Change Section of this Guide. Pronouns can be updated in the "Personal Information" tab in Bard Self Service (https://bardssb.bard.edu), which will then be added to class rosters. Name changes made through Bard SSB should sync over to Bard Brightspace within the same day and should be reflected in Bard Brightspace. If a student notices that their name change hasn't been carried over into Bard Brightspace, they should: First, log out of Bard Brightspace, close the browser tab, open a new tab, and then sign back into Bard Brightspace. If their updated name still isn't reflected in Bard Brightspace, please contact us (ats@bard.edu) or the helpdesk (helpdesk@bard.edu) to assist. Very rarely, the automated sync between the two systems might get delayed. If a student sets their pronouns in Bard SSB, they can then choose to make those pronouns visible within Bard Brightspace by enabling the option to "Allow others to see my pronouns."

Chosen names will be utilized wherever possible, however some official documents require utilization of an individual's legal name.

The Chosen Name will be used for:

- College ID card (if elected)
 - There is **NO** fee to get a new College ID with updated name change
- Bard email address (if elected)
- Class Rosters and Residence Hall Rosters
- Post Office
- Bard College Public Directories (unless the student has asked that information be blocked)
- Communications (for example, if Bard sends mail to the student at the student's home address, it will be addressed to the chosen name unless otherwise instructed by the student)
- Diploma

Legal Name Change

While it is easy to change your preferred name within Bard College, doing so is not a legal name change. This section will assist with guiding you towards a legal name change within New York State. Please note, the process for changing your name in New York City is different from changing your name in New York State. None of the following information serves as legal advice. If you have more questions, a complicated situation, or more nuanced questions, please seek personal legal advice. If you need legal services in the Hudson Valley, *Legal Services of the Hudson Valley* provides free counsel for low-income individuals and families who cannot afford an attorney. Check out their website for more information.

If you would like to register a legal change of name, please print and complete the Name Change Affidavit. Click on <u>this link</u> or scan the QR code for the form.

The completed form must be accompanied by photocopies of the following documentation:

- A government-issued document with the new name.
- Proof of use of the former name.
 - ACCEPTABLE DOCUMENTS, These documents can include:
 - Court order
 - Marriage certificate
 - Divorce certificate
 - Naturalization certificate
 - Passport
 - US Driver License
 - US State-Issued Identification Card
 - Bard College ID

The completed documents should be returned in person or by mail to the Registrar's office. Contact the Registrar's Office (registar@bard.edu) with any questions that you may have.

By Mail:
Attn: Registrar's Office
Bard College, PO Box 5000,
Annandale-on-Hudson, NY 12504

In person: Ludlow 201

To Change Your Name in New York State: You have to follow a specific procedure in a specific order. You must fill out forms and take these forms, in person, to the County Clerk's office where you live. Below you will find a list of Notary Services near campus where you can file the paperwork. Depending on where you go you may have to pay a fee. Scan the QR code or click on this link to find more detailed steps on how to go about starting this process.



To Change Your Name in Other States: Adults and minors can seek name changes in every state, usually by filing forms with their local probate, family, or superior court. Scan the QR code or click on <u>this link</u> to learn how to go about this process in your home state.



International Student Name Changes

The same options for US citizen students extends to both international and exchange students. Even if your correct name is not reflected in your legal paperwork, you still have the option to change your preferred name through the registrar's office. However, the laws and processes for legal name change and gender marker change must be done through your home country. If you have any more questions or need support in finding resources to navigate this process, please visit the International Student and Scholar Services Office located in Kappa 107, call the office at 845-758-7200, or email the office at oisss@bard.edu.

Gender Marker Change

The laws of officially changing one's gender marker vary depending on your state of residence. The National Center for Transgender Equality has a step-by-step guide explaining the process of legally changing one's gender marker in each state. Here is a list of resources specifically for residents of New York and NYC. If you are a student from a different state, please visit this page and select your state of residence to continue. The Movement Advancement Project has a map with information about identity documents in different states and which states allow individuals to mark M, F, or X on their driver's license and other documents.

Notary Services

A notary is a person authorized to perform acts in legal affairs, in particular witnessing signatures on documents. Below you will find a list of Notary Services both on and near campus

Bard College (On Campus)

Marie Balogh

Executive Assistant to the Dean of Graduate Studies

Tel: 845-758-7895

Email: mbalogh@bard.edu

Email to schedule an appointment/ No fee

Red Hook, NY Town Clerk

7340 South Broadway Red Hook, New York 12571 845-758-4606 or 845-758-4607 https://www.redhookny.gov/187/Town-Clerk

Open Monday-Friday (9:00 AM - 4:00 PM) *No Fee/Bring Valid Photo I.D.*

Mid-Hudson Valley Federal Credit Union

7472 South Broadway Red Hook, NY 12571 845-336-4444

https://www.mhvfcu.com/mid-hudson-valley-credit-union-locations/red-hook-branch

Open Monday-Friday (9:00 AM - 5:00 PM) and Saturday (9:00 AM - 2:00 PM) *No Fee/No Membership Necessary/Must Have Government Issued ID*

Ulster Savings Bank

7296 South Broadway Red Hook, NY 12571 845-758-4020

https://www.ulstersavings.com/locations/red-hook/

Open Monday-Friday (8:00 AM - 5:00 PM) and Saturday (9:00 AM - 2:00 PM) *No Fee/No Membership Necessary*

Navigating Campus

Point People

Bard College has established point people in departments and offices across campus, both academic and otherwise, to serve as resources and points of contact to trans students. Point people are available to assist trans/non-binary students in navigating campus systems and connecting to resources. Please feel free to contact anyone listed below for assistance.

Academic Administration and Staff

Deirdre D'Albertis she/her/hers Dean of the College Ludlow 208 dalberti@bard.edu 845-758-7421	Hannah Zipple she/her/hers Dean of Students Sottery Hall 105 hzipple@bard.edu 845-758-7454
Dorothy Albertini she/her/hers Assistant Dean of Studies Sottery Hall 110 845-758-7436	Michael Sadowski he/him/his Associate Dean of the College and Co-Chair, Out@Bard Ludlow 208 msadowsk@bard.edu 845-758-7122
Sharif Rosen he/him/his Associate Dean of Students Sottery 106 srosen@bard.edu	Amber Billey she/her/hers Librarian Stevenson Library, Lower Level 005 abilley@bard.edu 845-758-7619

Health, Wellness, Chaplaincy

Yakira Teitel, MD, MPH she/her/hers Director of Health Services Health & Counseling Center <u>yteitel@bard.edu</u> 845-758-7433	Emmet Phipps he/they Nurse Practitioner Health & Counseling Center ephipps@bard.edu 845-758-7433
Laura MacDonald, PsyD she/her/hers Counselor Health & Counseling Center lmacdona@bard.edu 845-758-7433	V Lawson, LMSW they/them/theirs Counselor Health & Counseling Center vlawson@bard.edu 845-758-7433
Mary Grace Williams she/her/hers Chaplain of the College, Episcopal Chaplain Ludlow Annex, Room 100 mwilliams@bard.edu	Joshua Boettiger he/him/his Jewish Chaplain, Rabbi jboettiger@bard.edu 802-733-6342
Annia Reyes she/her/hers Director of Health and Wellness Education Hegeman 006 areyes@bard.edu 845-752-2096	

Diversity Equity, and Inclusion

Claudette Aldebot she/her/hers Dean of Inclusive Excellence Kappa House caldebot@bard.edu 845-758-7367	Haron Atkinson he/him/his Program Coordinator for Inclusive Excellence and Co-Chair, Out@Bard Kappa House hatkinson@bard.edu
Lauren Gretina she/her/hers Title IX and Civil Rights Coordinator Sottery Hall 107 titleix@bard.edu 845-758-7542	Jacob Testa he/him/his Director of Clery Compliance Deputy Title IX and Civil Rights Coordinator jtesta@bard.edu

Other Contacts

David Lindholm he/him/his Director of Athletics & Recreation Stevenson Athletic Center dlindholm@bard.edu 845-802-4246	Kathy McManus she/her/hers Director of Operations and Campus Visits Hopson Cottage 1st Floor mcmanus@bard.edu 845-758-7472
Zoë Collins she/her/hers IT Technician collins@bard.edu 845-758-7856	Liann Ainsworth she/her/hers Associate Director of Human Resources Ludlow, Basement 105 lainsworth@bard.edu 845-758-7245
Reed Williams he/him/his Head Cross Country/Track & Field Coach rwilliams@bard.edu (845) 758-7863	

Health Services

Bard Health Services offers episodic medical care to all Bard students. Bard's providers are trained specifically in working with the LGBTQ+ community and participate in continuing medical education on related topics. Bard Health Services is proud to offer gender-affirming care at our Student Health Clinic, including: visits to discuss initiating treatment, prescriptions for hormones and other adjunctive medications, injections and self-injection teaching, and monitoring labs as needed. All forms have been updated to reflect the diversity of sex, gender and sexual orientation present on the Bard campus. Bard Health Services respects chosen names and pronouns, which can be updated through the Student Portal. There are times legal names are required on written orders for lab tests, prescriptions, or referrals for insurance purposes; Bard Health Services does its best to warn students when this is necessary. To schedule an appointment for gender-affirming care or any other reason, please call 845-758-7433 or schedule an appointment online at https://bard.medicatconnect.com.

Counseling Services

The counseling staff understands that historically marginalized communities such as LGBTQ identifying folks, often experience higher levels of depression, anxiety, and suicidal ideation. Within our daily practice we work to create brave and life affirming spaces in order to promote healing and growth. Bard Counseling Services offer individual and group counseling and has three clinicians who specialize in working with the LGBTQ community: Laura MacDonald, PsyD; Larry Cercedes, PhD; and V Lawson, LMSW. Check the Counseling Services website for the most up-to-date open office hours, as well as groups that are currently being offered.

These are just some of the off-campus mental health providers in the area who specialize in working with trans/GNC/NB students:

Sarah Jamison, LMSW

The Chocolate Factory, 54
Elizabeth Street, Suite 11
Red Hook NY, 12571
https://www.seasonspsychotherapyny.com
845-532-0257

Elijah Nella, LMFT

37 North Front Street, 2nd Floor Kingston, NY 12401 www.elijahnella.com hello@elijahnella.com / 845-481-0036

Elizabeth Wade, PSY.D.

Rhinebeck NY, https://www.elizabethwadepsyd.com drwade@elizabethwadepsyd.com 646-657-9767

Linda Gutterman, LCSW

Rhinebeck NY,
l.gutterman@gmail.com
http://www.rhinebeckpsychotherapy.com
845-770-3743

C.A.T.S

Community Appointment Transportation Service (CATS) provides Bard students with confidential and free transportation to scheduled off-campus health appointments. CATS covers both mental health and physical health appointments. This service is provided through the Bard College Student Resource Group. To schedule a ride, fill out this form or scan the QR code.



Hours of Operation: M-F, 9 AM - 6 PM Email: srgcats@bard.edu

Restrooms

Bard College is committed to providing a campus environment that supports and values all members of our community. One aspect of creating an inclusive environment is providing safe, accessible, and convenient restroom facilities. Students, staff, faculty, and visitors can use the bathroom facility that is consistent with their gender identity. Anyone can use the facilities that are designated as gender-neutral.

At the Stevenson Athletic Center, students, staff, faculty, and approved visitors are welcome to use the restroom and/or locker room consistent with their gender identity. A separate gender-neutral changing room and restroom, labeled the All Gender Locker Room, is also available for individual use.

Below is a list of administrative and academic buildings that are gender-neutral or single-stall bathrooms. Bathrooms are single-stall unless otherwise indicated.

- 1. Admission: 1st Floor
- 2. Albee: Basement (locker room)
- 3. Avery: 1st floor
- 4. Bito: 1st floor, Backstage
- 5. Blum: 1st Floor, 2nd Floor
- 6. Chapel: Basement
- 7. Campus Center: 1st Floor and 2nd Floor
- (Multi Stalled)
- 8. Fisher Center Luma: Backstage
- 9. Fisher Center Sosnoff: Backstage
- 10. Fisher Studio Arts: 1st Floor and 2nd Floor
- 11. Gahagan: 1st Floor, 2nd Floor
- 12. Hannah Arendt Center: 1st Floor, 2nd Floor

- 13. Health Services: Main Floor
- 14: Hegeman: 2nd Floor, 1st Floor
- 15. Henderson Annex: Main Floor
- 16. Henderson Computer Center: 1st Floor
- 17. Kline: New Kline Hallway
- 18. Library: 1st Floor, 2nd Floor Computer Lab
- 19. Ludlow: Basement and 3rd Floor
- 20. Manor: Cafe (1st Floor), Basement
- 21. Olin: 2nd Floor, 3rd Floor (Multi-stall)
- 22. RKC: 1st Floor (near Room 115)
- 23. Root Cellar: Main Floor
- 24. Rose 2nd Floor, 3rd Floor
- 25. Sottery Hall: Main Floor
- 26. Woods Studio: 1st Floor

The College is in the process of addressing the signage for bathrooms across campus.

Athletics

Bard is committed to fairness and inclusion for all transgender student-athletes. While the College is required to follow all NCAA requirements for eligibility in competition (those guidelines can be found here), we also seek to provide any support needed for transgender students wishing to join teams and/or use Bard athletic facilities.

As mentioned, all students, staff, faculty and approved visitors to Stevenson Athletic Center are welcome to use the restroom and/or locker room consistent with their gender identity. A separate All Gender Locker Room (restroom and locker room) located along the lower-level hallway, is also available for individual use.

If you have questions regarding Bard or NCAA policy on transgender student-athlete participation, please speak to either of Bard's Athletic Directors: David Lindholm dlindholm bard.edu or Stefanie Carrington scarrington bard.edu

Bard Athletics and Recreation will not tolerate discrimination against transgender student-athletes by staff, student-athletes, families, fans, or anyone at Bard's athletic facilities.

Athletics Programming

Trans Swim

The Stevenson Athletics Center Pool is reserved exclusively for trans, nonbinary, and gender nonconforming people to use for two hours. No reservation is required. If desired, there is a gender neutral changing room and shower on the ground floor of the gym. This happens on the third Sunday of every month from 4-6pm.

Girls Go Lifting (@girlsgolifting)

A fitness education initiative for the girls (and feminine identifying/presenting people) at Bard College. Come lift with us and get strong!

Residence Life and Housing

Bard students are offered housing options which are designed to be inclusive of all needs, including those of transgender, gender-nonconforming, and nonbinary students. Specific housing requests are reviewed on a case-by-case basis.

Gender Inclusive Housing

Bard's wide variety of on campus residential communities allow for students of any gender identity and/or sexual orientation the ability to live comfortably with other students of their choice or in a single occupancy room, if available. By default, students are housed according to their compatibility and gender identified on the form. Students can request otherwise in Section 5 of the housing form and can be housed regardless of gender identity. A first-year student may also indicate a requested roommate on their profile regardless of gender identity.

There is a drop-down menu for selecting a gender identity on the housing profile, allowing the student to self-identify and more ability to define who they are. Additionally, the student will be prompted to select or self-identify their pronouns.

All students returning to Bard after their first year participate in an annual room selection process and are able to select their roommate of choice. If a student and a group of friends want to form a suite, they can do so within the confines of the application process. There are four-person and five-person suites which offer single and double occupancy rooms within.

Residence Hall Restrooms

Many residence hall bathrooms are stand-alone and/or single use facilities making them gender neutral.

Multiple-use restrooms (those including stalls, sinks, and showers) are also gender inclusive. Bard is actively working on inventorying the signs posted outside of bathrooms to ensure that they are compatible as an industry standard.

Please contact Residence Life directly at <u>reslife@bard.edu</u> if you have questions about specific residence halls.

Clubs

Bard College has over 100 student clubs, groups, and organizations on campus; there is a place for everyone to connect with others. These include:

Trans+: Trans+ is an affinity group here at Bard created to make a safe space for students that identify as transgender, non-binary, or other gender-non-conforming identities. This student run club will focus on creating a community at Bard for trans students, as well as making Bard a safer place for trans students based on demonstrated needs.

QPOC (Queer People of Color): This club is a space created to center the lives and experiences of the queer and gender-nonconforming people of color both on Bard's campus and beyond. It's a place for conversation and action. It's a place that recognizes and affirms the lives of those whose lives are too often forgotten and erased. Though it was made intentionally to elevate the voices of QTPOC, allies and accomplices are welcome, but only with the understanding that your voices will not be centered and that you are there to learn and support.

Bard Planned Parenthood Generation Action (PPGEN):

PPGEN at Bard College fosters an engaging environment for student discussions on reproductive justice and sex education. We empower the community to actively participate in related initiatives, celebrating the legacy of Black women through practices of intersectionality, anti-racism, LGBTQ+ liberation, and abolition feminism.

The Scale Project: The Scale Project examines the role and impact that socioeconomic status and class has on Bard's campus, policies, and programs and creates sustainable solutions to make each more equitable. We will collect institutional data, meet with faculty and staff to propose new initiatives/solutions, relay all crucial information/resources to our peers via our Instagram and email, and continuously brainstorm ways to mediate classism on campus--via our Book Program, Being Not-Rich Google Doc, our Internship Equity Award, and the many other projects we work on simultaneously. This club will continue to collaborate with faculty, staff, administration, and students to work toward equity in the community.

Contact information for clubs: https://www.bard.edu/campus/departments/studentactivities/clubs

Local off Campus Resources

Medical Resources in the Hudson Valley

Planned Parenthood (locations in Kingston, Poughkeepsie, and Hudson)

Planned Parenthood is a global organization, trusted health care provider, informed educator, passionate advocate, and partner helping similar organizations around the world. Both the Kingston and Poughkeepsie Planned Parenthood locations offer gender-affirming hormone therapy, self-injection training and referrals to legal and medical services. Planned Parenthood operates on an informed consent basis, meaning a patient looking to begin Hormone Replacement Therapy does not need recommendation from a therapist. If an insurance plan does not cover informed consent HRT, payment would have to be made out of pocket. For information, call Mid-Hudson Planned Parenthood (Kingston and Poughkeepsie locations) at 845-204-4768 or Upper-Hudson Planned Parenthood (Hudson) at 518-828-4675

Find a Health Center and book an appointment:

https://www.plannedparenthood.org/planned-parenthood-mid-hudson-valley/patient-resources

Upper-Hudson Planned Parenthood patient resources:

https://www.plannedparenthood.org/planned-parenthood-upper-hudson/patient-resources

Gender Wellness Services at the Kingston Family Health Center

The Gender Wellness Clinic At the Kingston Family Health Center provides coordinated gender-affirming care and helps you build a team of respectful providers. We offer whole-person care, giving you the tools to pursue the health and well-being of your true self. We offer Hormone therapy, Surgical referrals, Mental health services, Primary care, Puberty suppression, Sexual and reproductive health care, Care coordination and Telehealth.

Services are available at <u>Kingston Family Health Center</u> and <u>New Paltz Family Health Center</u>. Call (844) 434-2778 to make an appointment. Ask for the Gender Wellness Clinic. Services are now available through <u>telehealth</u>, where you can do your appointment by video or phone.

Find more info on there website: https://institute.org/gender-wellness-clinic/

Community Life in the Hudson Valley

Beckhood Pride

(https://www.beckhookpride.com/)

<u>BeckHook Pride</u>, <u>Co</u>. is a community organization that strives to support the LGBTQIA+ community members of Rhinebeck, Red Hook and beyond with activities and programs that promote visibility, equity and advocacy. They host a variety of social events throughout the year that are open to anyone in the community. Check out their <u>calendar</u> for more information on what is happening.

Some of their programing includes:

Queer and Trans Game Night

An LGBTQIA+ community meet-up where we play board games and eat snacks. Either come play one of the many games we have in our game library or even bring one of your favorites to share with everyone! This is a free event open to all ages in a sober safe space. All are welcome.

Red Hook and Rhinebeck Pride Parade

The Hudson Valley LGBTQ Center

(https://lgbtqcenter.org)

As a safe, supportive environment based in Kingston, NY, the <u>Hudson Valley LGBTQ+Community Center</u> provides services, programs, events, and professional resources to unite the lesbian, gay, bisexual, transgender, and queer/questioning community across lines of age, race, gender, and economics. Since our founding in 2005, our purpose has been to strengthen, support, and celebrate LGBTQ+ individuals, families, and groups in their efforts to achieve their fullest potential.

Some of their programing includes:

Trans-Formations

Counselor facilitated support and discussion group for adults (18+) who are considering or at any stage of gender transition.

Mondays from 5:30pm – 7:00pm; Zoom

For more information or to join the group, email: phoenix@lgbtqcenter.org.

Community Hours

All are welcome during our Community Hours! Join us for free activities, board games, art-making, movie-watching, special guests, and more. Browse the largest LGBTQ+ library in the Hudson Valley, use the cyber center and printers, or hang out and chat!

https://lgbtqcenter.org

Trans Closet of the Hudson Valley

(https://www.transclosethv.org/)

The Trans Closet was founded to combat clothing and economic insecurity in the Hudson Valley's transgender community; to help reduce people's dysphoria and support their self-expression; to facilitate the sharing of social, emotional, and creative support within the LGBTQ+ community; to redistribute a wide variety of resources to the community; and to develop a platform to signal boost community bulletins and the work of other justice organizations.

Some of their programing includes:

Gender Affirming Clothing

They give out clothing, supplies, and/or accessories to any trans person in the Hudson Valley who is transitioning to a new wardrobe or who is seeking new clothes. No donation needed, no questions asked. Sometimes they have Binders, Trans Tape, Bras, Underwear and Gafs. If this is something you are looking for make sure to note that in the form. Click here to fill out the form to request clothes! They can meet up to drop the clothes off or ship them to you.

Pop Up Events

They also have free, gender-affirming "shopping" at their pop-up events. These events are hosted in safe spaces where there will be a place to try on clothes privately. Email them, check out their Events page, or follow their Instagram for more information about future events.

Surgery Recovery Care Packages

The Trans Closet of the Hudson Valley builds free care packages for trans, nonbinary, and gender-expansive community members living in the Hudson Valley who are planning on receiving gender-affirming surgeries. Their post-surgery care packages include recovery items and care supplies customized for each individual and their surgery, as well as art, snacks, and recovery garments. Fill out their form here.

@Queer Kingston

Queer Kingston is an instagram page that promotes Queer meetups at local Kingston (NY) parks and businesses. <u>Check out their profile here!</u> Be aware some events are held at bars and therefore would only be suitable for students 21+ years old.

Big Gay Hudson Valley

(https://biggayhudsonvallev.com/)

As such, the goal since starting up in 2008 has been to keep the community connected to the wide variety of gay-owned, -friendly, and -sensible businesses, events, resources, and happenings in New York's Mid-Hudson Valley. In order to keep our community connected, they think local first whenever possible. Big Gay Hudson Valley strives to showcase fresh, original items of

interest to our community and also wants to give the spotlight to the efforts of local, grassroots organizations that make our region so colorful. They cover content from Westchester, Putnam, Orange, Ulster, Dutchess, Columbia, and Greene counties.

<u>@transjoyrevolution</u>

<u>@Transjoyrevolution</u> is an instagram account that promotes Trans Community Building by and for the trans community in Ulster County, New York and beyond.

@hv.queer.connection

<u>@hv.queer.connection</u> is an instagram account focused on connecting queer #LGBTQ+ folx in the Hudson Valley: businesses, local events, and FUN!

<u>@queerconspiracy</u>

<u>@queerconspiracy</u> is an instagram account that promotes queer events in Kingston and the mid-Hudson Valley!

Local Oueer and/or Trans Owned Owned Businesses

Thrift 2 Fight

Thrift 2 Fight is a queer- and trans-owned thrift shop that raises funds for local racial, disability, and queer justice organizations. It is located in Tivoli -- just 5 minutes away from Bard campus -- and has a van-accessible parking spot, a wheelchair accessible ramp, and two big bright dressing rooms (one of them built to ADA dimensions). At Thrift 2 Fight, all clothing is sorted by type instead of gender to allow for unrestricted self-expression through sustainable fashion! The shop is size-inclusive, and the majority of items are priced below \$20. To make sure Thrift 2 Fight continues to be affordable to its community, they have the \$8 room (where everything is \$8 or less), a Free Bin, and a pay-it-forward Mitzvah Wall. Come to Thrift 2 Fight for free events like trans clothing swaps, art shows, and watch parties! You can stay updated on their Instagram <a href="https://doi.org/dt/https://doi.org/dt/https://doi.org/dt/https://doi.org/dt/https://doi.org/dt/https://doi.org/dt/https://doi.org/dt/https://dt/https://doi.org/dt/https://doi.or

As of March 2024, Thrift 2 Fight is open six days a week, Wednesday through Monday (closed on Tuesdays).

The Everywhere Shop

Everywhere Shop is a new Queer and Trans owned gift + stationery store and art space by <u>Ash + Chess</u>. Everywhere Shop carries bright and colorful gift items, accessories, home decor, stationery, greeting cards and more, featuring products from LGBTQIA+, BIPOC, AAPI, Latinx and local makers

National Off-Campus Resources

National Center for Transgender Equality

To learn more about your rights, gain access to self-help guides, and learn about the process for legally changing your name, you can visit the National Center for Transgender Equality website at http://www.transequality.org/documents.

Transgender Legal Defense and Education Fund

For pro bono legal name change services and additional support and education regarding transgender rights you can visit the Transgender Legal Defense and Education Fund Name Change Project or http://www.transgenderlegal.org.

Additional resources: The World Professional Organization for Trans Health, Inc. (WPATH) is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transgender and gender-nonconforming individuals internationally: http://www.wpath.org.

Hotlines

The following are 24/7 hotlines for connecting you to supportive people to talk with at any time.

<u>Trevor Project</u>: Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24. **Contact Number: 866-488-7386**

<u>Trans Lifeline</u>: We are Trans Lifeline. We provide culturally competent services to Trans and gender nonconforming people in crisis; we work with stakeholders within and without the Trans community to end the plague of Trans suicide; we empower Trans people to help other Trans people in the darkest moments of their lives. **Contact Number: 877-565-8860**